

asiaSpa

A woman with long brown hair, wearing a vibrant red floral dress, is relaxing in a green and white striped hammock on a sandy beach. She is holding a coconut drink with a straw. The background shows a clear blue sky and turquoise ocean waves. The magazine title 'asiaSpa' is written in a large, red, sans-serif font at the top, with a stylized red leaf graphic to the right. Below the title, the date 'November/December 2015' is printed in a smaller red font. On the left side, the text 'THE FOOD ISSUE' is written in a large, black, serif font. In the bottom left corner, there is a large red '+10' followed by 'TOP HEALTHY DIETS' in black. On the right side, there are several article teasers in red and black text: 'TRUTH ABOUT JUICE THE NATURE OF BEAUTY', 'PASSIONATE SEVILLE GASTRONOMY CLEAN EATING RETREATS', and 'COLOURFUL HOI AN CUISINE'. At the bottom left, there is a barcode and some small, illegible text.

November/December 2015

THE
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TRUTH
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LifeLines



DESTINATION SPAS

East Meets West

Rolling out its red carpet along with the hotel back in September was **The Spa at The Ritz-Carlton Saigon**, a 1,200-sq-ft property that houses 13 rooms designed for hair and nail treatments as well as therapies that fuse Southeast Asian spa traditions and Western-inspired aromatherapy treatments. Athletic guests can also try the 1,200-sq-ft fitness facility fitted with Technogym's latest cardio equipment. www.ritzcarltonsaigon.com

